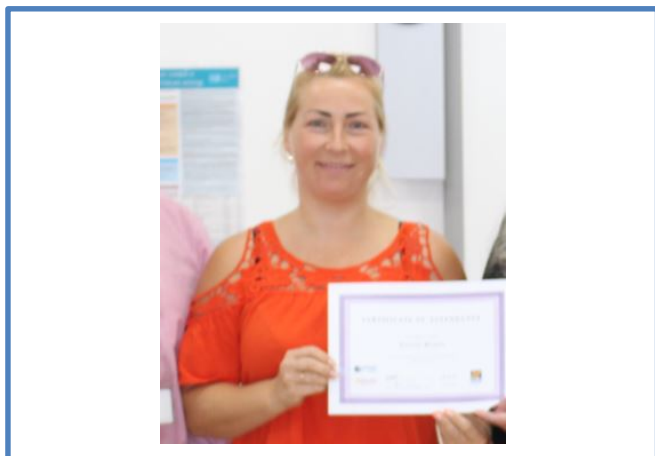


Agnese Bluma

“Last September me and my youngest (17 months at the time) were at our weekly Stay & Play session at the local Friars Children's Centre when I was approached by a very smiley and friendly Lucie from A Better Start Southend.



Agnese is from the Shoeburyness Ward and a mum of 4

“The information and support given during and after the course is marvellous and so much appreciated”



I was offered to attend several A Better Start events all of which are provided with FREE childcare. As a mum of 4 I know how difficult it is to get away from your daily routine with little ones around, so I immediately realised - I have to take this opportunity! I chose the 4-week course “Intro 2 Enterprise” (How to start your own business). However I always wanted to be independent and do something I really enjoy, at the beginning of the course I still had no idea what it was. Then week by week it came clearer and at the end of the course I was certain - I will be fitness instructor - International Kangoo Jumps® instructor. To admit, my little one was very well looked after, he even managed get a quick nap while mummy was busy learning.

The information and support given during and after the course is marvellous and so much appreciated. Since then I have obtained my Aerodance aerobic certificate and 3 programmes of Kangoo Jumps®: Kangoo Power™, Kangoo Dance™ and Kangoo Discovery™, I have also passed a First Aid course. I am now self employed, have successfully applied and been approved for South East Business Boost Grant which is great help for new enterprises, and any day now am planning to start my classes. Wish me luck! I can't believe it has all happened with me in less than a year! I'm so grateful for this opportunity and want to say a big thank to everyone at A Better Start Southend!”

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For more information about A Better Start Southend Work Skills
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Call: 01702 215022 or Email: economicd@southend.gov.uk