A Better Start Southend
our children our community our future

SING AS WE GROW

COMMUNITY FUND

NHS
Essex Partnership University
NHS Foundation Trust

Ten Top Tips for Tip Top Singing

1. Don't worry if you think you can't sing! Your little one thinks you have the best voice in the whole world!
2. Smile as you sing so that your little one learns to associate music with enjoyment.
3. Sing their name – Your little one can learn their name by hearing it in songs. Try putting your little one's name for other words in songs e.g. "Twinkle, twinkle little Eddie, how I wonder what you are..."
4. Why not have a song for waking up, sleeping, and other routines in your day. This helps your little one to understand what's happening next .e.g. singing soothing songs or playing calm music helps your little one relax when they show they are tired.
5. Try missing a word or leaving a pause out when you sing a well-known rhyme or song. Can your little one fill it? "Twinkle, twinkle little ....."
6. Sing songs that involve actions as the movement helps your little one to learn words, e.g. Heads, Shoulders, Knees and Toes; Incy Wincey Spider.
7. Why not have a bag of objects to help your little one choose their favourite song? e.g. a star for Twinkle, Twinkle or a boat for Row, Row, Row Your Boat.
8. Sing songs at a variety of different volumes and speeds. Try Row, Row your boat sung really quietly and slowly and then loudly and fast! It's fun and a great way for your little one to begin to understand all the different ways we can use our voice!
9. Rhythm is really important for our little ones - use musical instruments or your body to show rhythm e.g. clapping, stamping, clicking fingers. No musical instruments? Make your own using pasta/rice/pebbles in a bottle or lidded cup.
10. Have fun with your little one singing, moving and dancing to different types of music e.g. Jazz, Pop, Country, Rock or Reggae.

For more 'top tips' why not look out for our
'Chat As We Grow', 'Play As We Grow' and 'Read As We Grow' leaflets?

www.abetterstartsouthend.co.uk

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